

PROVISIONAL PROGRAMME

WEDNESDAY, 3 NOVEMBER 2021

WORKSHOP

15h00 - 16h30 Conservative Management of the Tetraplegic Hand **Dr Johannah Wangdell**

THURSDAY, 4 NOVEMBER 2021

08h00 - 08h30 Registration

SESSION 1

08h30 - 08h40 **Chair: Dr Virginia Wilson**
Welcome and opening address **Dr Virginia Wilson**

08h40 - 09h20 Keynote address: Assistive technology with focus on FES in SCI **Prof Nazirah Hasan**

09h20 - 09h55 Lessons learnt in my 36 year SCI journey and the toolbox
required for survival and sustainability **Mr Ari Seirlis**

09h55 - 10h20 When is a wheelchair appropriate?
(or is a wheelchair just a wheelchair just a wheelchair?) **Ms Adri Visser**

10h20 - 11h00 TEA

SESSION 2

11h00 - 12h00 **Chair: Dr Ernst Scriba**
Keynote Address: Ensuring Sustainability for our SCI Population in the
21st Century and furthermore **Dr Marcalee Alexander**

12h00 - 13h00 Keynote address: Treatment of sexual concerns **Dr Marcalee Alexander**

13H00 - 14H00 LUNCH

SESSION 3

14h00 - 15h20 **Chair: Ms Shirley Eberlein**
Open Papers:
14h00 - 14h20 Behavioural and protective factors contributing to the risk and
vulnerability to HIV/AIDS among individuals with spinal cord injuries
in South Africa **Dr Jacques Lloyd**

14h20 - 14h40 The coming of age of PRM in South Africa: 21 years of personal reflection **Dr Virginia Wilson**

14h40 - 15h00 A qualitative exploration of the use of the ICF at a neurorehabilitation
centre in the Western Cape, South Africa **Mr Rehan Hall**

15h00 - 15h15 Keynote address: Tetraplegic Upper Limb Activity Questionnaire (TUAQ):
a new outcome measure **Dr Johannah Wangdell**

15h15 - 15h45 TEA & COFFEE BREAK and viewing of posters

SESSION 4

15h45 - 16h05 **Chair: Ms Mel Skeen**
Combined nerve and tendon transfers for grip reconstruction in
patients with tetraplegia **Dr Johan Berg**

16h05 - 16h20 Reconstructive hand surgery in tetraplegic patients **Dr Johan Berg**

16h20 - 16h35 A treatment algorithm for spasticity correcting surgery in patients with
disabling spasticity **Ms Therese Ramstörn**

16h35 - 16h50 Q & A

17h00 - 18h00 Welcome Cocktails

FRIDAY, 5 NOVEMBER 2021

07h45 - 08h00

Registration

08h00 - 08h05

Welcome

SESSION 5

08h05 - 09h05

Chair: Ms Kholofelo Mashola

Keynote address: The sacral autonomic standards

Dr Marcalee Alexander

09h05 - 10h25

Open Papers:

09h05 - 09h25

The rehabilitation journey of a new C6 quadriplegic during the COVID-19 pandemic - a case study

**Ms Mia Bester &
Ms Barbara Meylahn**

09h25 - 09h45

"I was like intoxicated with this positivity": the politics of hope amongst participants in a trial of a novel spinal cord injury rehabilitation technology in South Africa

Dr Robert Evans

09h45 - 10h05

Robotic walking to mitigate bone mineral density decline and adverse body composition in individuals with incomplete SCI: A randomised control pilot study

Ms Yumna Albertus

10h05 - 10h25

The importance of adapting and utilizing a variety of play activities to improve the development and functional outcomes in the paediatric spinal patient – A case study.

Ms Candice Smith

10h25 - 10h50

TEA

SESSION 6

10h50 - 11h30

Chair: Ms Kholofelo Mashola

Keynote address: Secondary conditions and follow up in SCI

Prof Nazirah Hasan

11h30 - 12h05

Keynote address: Pressure Injuries

Prof Nazirah Hasan

12h05 - 12h45

Open Papers:

12h05 - 12h25

Pressure Sores Demographics from the ASCI Database
Groote Schuur Hospital

Dr Nicholas Kruger

12h25 - 12h45

Spinal Cord Injury Rehabilitation and Cognitive Dysfunction:
A Pilot Neuropsychological Study

Ms Emma-Louise Newbery

12h45 – 13h45

LUNCH

SESSION 7

13h45 - 14h45

Chair: Ms Candice Smith

Open Papers:

13h45 - 14h05

Exploring Psychological, Somatic and Behavioural Comorbidities in a Sample of Public Spinal Cord Injury Rehabilitation Inpatients: Considerations for Cognitive Dysfunction

Ms Emma-Louise Newbery

14h05 - 14h25

Case studies regarding the management of spasticity in attaining functional outcomes in incomplete spinal cord injury patients

Ms Melanie Skeen

14h25 - 14h45

The demographics, length of stay and functional outcome measures of patients with spinal cord injuries at a private rehabilitation centre in South Africa: A descriptive study

Dr Francois Theron

14h45 - 15h15

TEA

SESSION 8

15h15 - 16h00

Chair: Dr Ernst Scriba

Keynote address: What reconstructive upper limb surgery can do for persons with SCI

Dr Johannah Wangdell

16h00 – 16h45

Networking groups: Various disciplines

16h45 – 17h45

SASCA AGM

SATURDAY, 6 NOVEMBER 2021

08h00 - 08h15	Registration	
08h10 - 08h15	Welcome	Dr Virginia Wilson
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SESSION 9	Chair: Ms Shirley Eberlein	
08h15 - 09h15	Keynote Address: Exercise in SCI	Prof Nazirah Hasan
09h15 - 10h35	Open Papers:	
09h15 - 09h35	Advanced weight-bearing mat exercises combined with functional electrical stimulation to improve the ability of wheelchair-dependent people with SCI to transfer and attain independence in activities of daily living: a randomized controlled study	Dr Mostafa Rahimi
09h35 - 09h55	The German Spinal Cord Injury Survey leads to a policy brief to the Ministry of Health in Berlin on World SCI Day 2019	Dr Yorck B Kalke
09h55 - 10h35	Functioning of persons with spinal cord injury in South Africa: results from the International Spinal Cord Injury Community Survey	Prof Conran Joseph
10h35 - 11h05	TEA	
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SESSION 10:	Chair: Dr Virginia Wilson	
11h05 - 11h50	Spinal care in a pandemic: ethical and legal considerations	Ms Marieta Meyer
11h50 - 12h50	<i>Ailey Key memorial lecture</i> Spinal Cord Injury management: then and now but what about the future?	Dr Ed Baalbergen
12h50 - 13h00	Closing Comments & Prize Giving	